

HABIT TRACKER

	M	T	W	T	F	S	S
WATER	○	○	○	○	○	○	○
WORKOUT	○	○	○	○	○	○	○
READ	○	○	○	○	○	○	○
WRITING	○	○	○	○	○	○	○
HEALTHY EATING	○	○	○	○	○	○	○
SLEEP	○	○	○	○	○	○	○

TO DO LIST

The image features a repeating pattern of horizontal dotted lines. Between these lines are vertical columns of small, solid brown dots. The pattern is composed of approximately 10 horizontal rows, with each row containing about 10 vertical columns of dots. The dots are a uniform brown color and are evenly spaced both horizontally and vertically within each column.

NOTES

The image shows a decorative pattern of horizontal rows of small brown dots. Each row contains a different number of dots, starting from one in the top row and increasing by one in each subsequent row down to eight in the bottom row. The rows are evenly spaced.